

LIST OF EMOTIONS

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|---|--|--|---|
| <p>UNEASY</p> <p>nervous tense anxious flustered insecure angry cross confused bored flat apathetic weak</p> | <p>HAPPY</p> <p>pleased glad wonderful elated excited content surprised proud relieved satisfied confident</p> | <p>ANGRY</p> <p>frustrated cross irritated annoyed furious livid enraged hurt inadequate trapped tired scared</p> | <p>FRIGHTENED</p> <p>uneasy weak insecure inadequate tense anxious nervous scared petrified threatened trapped horrified</p> |
| <p>NEGATIVE</p> <p>distrustful suspicious scornful disdain bitter stupid shame worthless</p> | <p>POSTIVE</p> <p>Determined forgiving hopeful motivated inspired daring energetic loving eager excited receptive</p> | <p>CONFUSED</p> <p>hurt upset lonely inadequate cross shocked mixed-up nervous scared discontented foolish</p> | <p>UPSET</p> <p>frustrated sad tearful hurt miserable weepy</p> |