

Name: \_\_\_\_\_

Date: \_\_\_\_\_

### VALUES ACTIVITY SHEET

Below is a list of some of the values that may be important to you. First, define the value in a few words (use a dictionary if you need to). Then, put a star next to the five values that are the most important to you. Be prepared to explain why you feel this way!

Honesty: \_\_\_\_\_

Cooperation: \_\_\_\_\_

Integrity: \_\_\_\_\_

Enthusiasm: \_\_\_\_\_

Compassion: \_\_\_\_\_

Self-Control: \_\_\_\_\_

Love: \_\_\_\_\_

Leadership: \_\_\_\_\_

Empathy: \_\_\_\_\_

Confidence: \_\_\_\_\_

Respect: \_\_\_\_\_

Faith: \_\_\_\_\_

Sincerity: \_\_\_\_\_

Knowledge: \_\_\_\_\_

Reliability: \_\_\_\_\_

Wisdom: \_\_\_\_\_

Patience: \_\_\_\_\_

Freedom: \_\_\_\_\_

Flexibility: \_\_\_\_\_

Creativity: \_\_\_\_\_

Responsibility: \_\_\_\_\_

Dedication: \_\_\_\_\_

Hope: \_\_\_\_\_

Loyalty: \_\_\_\_\_

Charity: \_\_\_\_\_

Success: \_\_\_\_\_

Name Your Own Values: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_